
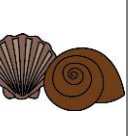
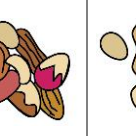
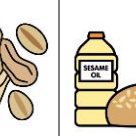
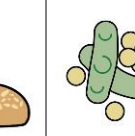


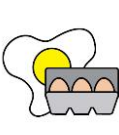
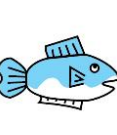







DISHES AND THEIR ALLERGEN CONTENT – BRIGHT NOW CAFÉ IN THE BRIGHTHELM CENTRE

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Toast with jam and butter		✓					✓							
Toast with eggs and butter		✓		✓			✓							
Toast with marmite	✓													
Fruit and nut muesli with yogurt or milk		✓					✓			✓	✓			
English breakfast		✓		✓			✓							
Vegetarian breakfast		✓		✓			✓							
Bacon sandwich		✓					✓							
Bacon and egg sandwich		✓		✓			✓							
Fried egg sandwich		✓		✓			✓							
Sausage sandwich		✓					✓							




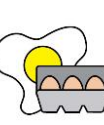
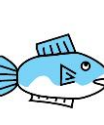
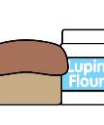


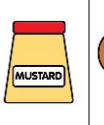
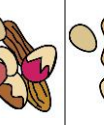

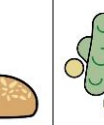


DISHES AND THEIR ALLERGEN CONTENT – BRIGHT NOW CAFÉ IN THE BRIGHTHELM CENTRE

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Homemade soup with bread and butter		✓					✓							
Cheese omelette and salad				✓			✓							
Sweet potato and chickpea falafel, tahini sauce and grilled vegetable salad												✓		
Butternut, spinach, and goats cheese risotto							✓							
Sweet potato, coconut and spinach curry, steamed rice and naan bread		✓												
Chicken Caesar Salad		✓		✓			✓							
Field mushroom, halloumi and basil pesto burger with hand cut chips		✓					✓			✓				
Pulled pork bap, hickory smoked BBQ sauce and hand cut chips		✓					✓							

Review date: 14-2-18

Reviewed by: Brett Heyneman

DISHES AND THEIR ALLERGEN CONTENT – BRIGHT NOW CAFÉ IN THE BRIGHTHELM CENTRE

DISHES	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Battered cod fillet, hand cut chips and salad		✓			✓									
Hand cut chips														
Sweet potato fries														

Review date: 14-2-18

Reviewed by: Brett Heyneman



You can find this template, including more information at www.food.gov.uk/allergy

*You can also choose gluten free bread.